

17 LEARNING DIFFICULTIES

ADULT DYSLEXIC TELEPHONE SUPPORT

West Sussex self-help group. For advice on assessment, training and computers, help with practical problems, support for adults with dyslexia, and their families,

ALDINGBOURNE TRUST

www.aldingbournetrust.co.uk

The Trust provides services for people between the ages of 18-65 years with learning difficulties. Sheltered employment and training to support sheltered employment are available, as is a craft service, residential accommodation and outreach team.

ARUN SUNSHINE GROUP

Fortnightly drop-in for adults with learning difficulties on Sundays between 2pm and 5pm at Dove Lodge. It provides an opportunity for social and recreational activities such as pool, table tennis, board games, crafts and outings. Can cater for adults with learning difficulties who may also have additional physical, sensory or communication difficulties.



BREAKAWAY EMPLOYMENT SERVICES

Offers a free and confidential one-to-one advice service which matches people with learning difficulties with jobs, including providing ongoing support once a job has been found.

BRITISH INSTITUTE OF LEARNING DISABILITIES

www.bild.org.uk

Works to improve the lives of people in the UK with a learning disability.

BUDDYS (121 South Farm Road, Worthing)

This is a drop in and meeting place for people with learning difficulties and their families, friends and supporters. Offers a café, shop, information and meeting room.

CHALLENGING BEHAVIOUR FOUNDATION

www.challengingbehaviour.org.uk

Offers information and support to parents, carers and professionals of people with severe learning difficulties that present challenging behaviour.

COASTAL ENTERPRISES

www.coastal.ukf.net

A West Sussex County Council day centre for people over 18 years of age with learning difficulties, providing a range of activities and training focused on work opportunities. Is unable to take wheelchair users. Operates a range of business ventures designed to provide continuous work opportunities, including woodwork, household maintenance, art and craft and commercial catering.

COMMUNITY TEAM for PEOPLE WITH LEARNING DIFFICULTIES

The Community Team for People with a Learning Difficulty (CTPLD) includes workers from both Social and Caring Services and Health Services. Every team includes Social Workers, Nurses, Occupational Therapists, Psychologists, Psychiatrists and Speech and Language Therapists. There are 3 teams that cover West Sussex, based in Chichester, Worthing and Horsham, and they offer support and information to anyone who has a learning difficulty. This might include help and support with: Housing/Accommodation, Employment, Daily Living, Personal Care, Mental Health, Support in accessing NHS, Behavioural Challenges, Short breaks for carers, Carers Assessments, Psychological well-being, Sexual Health, Person Centred Planning, Health Needs (specific to learning difficulty) Speech, Language and Communication, Adapting to Environments, Community Participation, Advice/Information on Available Services and Funding Applications for Services/ Resources. You can access the team through a referral from the individual or their carer, families or representatives. They can be made by telephone, letter or in person. A psychiatric referral must be made by the individual's own doctor. Waiting times for referrals vary throughout the county.

FERRING COUNTRY CENTRE

www.ferringcountrycentre.org

Rural work experience for adults with learning difficulties, especially all aspects of horticulture, gardening and stable work. It operates a Riding Therapy Unit for people from the local community with disabilities. Open 10-4pm daily.

FOUNDATION FOR PEOPLE WITH LEARNING DISABILITIES

www.learningdisabilities.org.uk

This organisation promotes the rights, quality of life and opportunities of people with learning disabilities and their families, by working with people with learning disabilities, their families and those who support them.

GATEWAY CLUB (CHANCTONBURY AREA)

Club for people with learning difficulties. Meets on Thursday, 7-9pm in Horsham.

GATEWAY CLUB (COASTAL AREA)

For adults with learning difficulties. Meets on Saturdays from 3pm – 5.45pm, between September and May in Lancing, for activities, visiting speakers, and a light tea.

HOUSING OPTIONS

www.housingoptions.org.uk

This is an independent advice and information service for people with learning disabilities. The aim is to assist people with learning disabilities achieve greater control over aspects of their life and to provide more housing and support choices.

IMPACT ADVOCACY SERVICEwww.impact-initiatives.org.uk

Provide independent advocacy for people aged 18 and over with learning difficulties throughout West Sussex. Volunteers wanted who are committed to building a relationship where the volunteer acts as a voice on behalf of someone who cannot speak for themselves.

L'ARCHE

International organisation based on Christian principles providing homes and day services for adults with learning difficulties.

MENCAPwww.mencap.org.uk

Mencap is the UK's leading learning difficulty charity working with people with a learning difficulty and their families and carers.

NATIONAL AUTISTIC SOCIETY (NAS ADVICE LINE)www.autism.org.uk

Information, advice and services for children and adults with Autistic Spectrum Disorders (ASD). Services include: Autism Helpline - information, advice and support for people with autistic spectrum disorders, families and professionals, open 10am-4pm; Autism Alert Card helps a person with autism if communication is difficult; national diagnostic and assessment service; national befriending scheme; Advocacy for Education Service Parent to Parent, telephone support; schools and adult centres for people with autism and twelve week programme for parents; specialist legal representation for educational issues; researches and raises awareness; and has range of publications.

PATHWAY EMPLOYMENT SERVICE

Pathway provides a service for people with learning difficulties, helping them towards employment. Pathway canvasses for job opportunities, provides support through interviews, induction and on-job support etc.

RESPONDwww.respond.org.uk

Respond exists to work with people with learning disabilities who have experienced significant trauma in their lives.

SOUTHDOWN HOUSING ASSOCIATIONwww.southdownhousing.org

Non-profit making housing association, providing housing and support for adults with disabilities. In addition, Southdown has day facilities and supported employment services. Covers Adur, Worthing and Horsham.

SUSSEX AUTISTIC SOCIETY SOUTHDOWNS FAMILY CENTRE

Provides a friendly and welcoming place for families to meet, where support and advice is offered. Covers all of Sussex. Family sessions for autistic children and their siblings operate on two Saturdays a month which include drama, art, play, cookery, computing, sport and a multisensory and music environment to encourage sensory awareness, interaction, and confidence.

WEST SUSSEX LEARNING LINKS

West Sussex Learning Links provides a mentoring and befriending service for adults with learning difficulties who would like to go to classes at either an adult education or leisure centre or who would like to get out and about in the community to activities such as ten-pin bowling, cycling or the cinema, by pairing them with a "Buddy".

WORTHING AND DISTRICT SCOPE

www.worthingscope.org.uk

A local charity that offers support and services to adults and children with cerebral palsy and similar disabilities, their families, carers and friends. This includes a day service for adults, housing project, swimming group for very young children, wheelchair basketball club and support groups.